

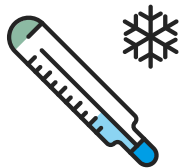
INTRAMUSCULAR TREATMENT WITH INTERFERON BETA-1A

Dosing instructions:



1 injecció subcutània 1 cop per setmana (sempre el mateix dia de la setmana).

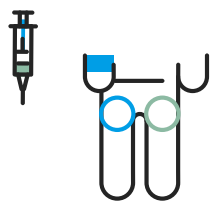
General recommendations:



- The medication should be refrigerated during transport (portable cool-boxes) and stored in the refrigerator at home. Do not freeze. It can be stored for up to 1 month at temperatures below 25 °C.
- Do not inject the medication while it is cold. Remove it from the refrigerator at least 1 hour before use.



- Wash your hands and the injection site with soap and water. Alcohol and other disinfectants are not necessary and they will dry the skin.



- Do not inject in areas with stretch marks, moles, varicose veins, tattoos, scars or ulcers.
- Inject the medication into the outer thighs. Your thighs must be relaxed, do not inject into a muscle under tension.
- Use the auto-injector and alternate between both thighs.



- Do not massage the area after injection, just apply slight pressure with a finger for a few seconds. Do not worry if a drop of blood or fluid emerges, it is normal.

Potential injection site reactions



The injection site can occasionally present bruising. Apply Thrombocid ointment if it is extensive.

Other types of reaction are uncommon. Contact with your healthcare team if you experience intense or persistent pain, ulcers, scabs or pus at the injection site.

What is flu-like syndrome?

It is a normal bodily reaction to the medication. It can manifest within a few hours after the injection as fever, headache, joint pain, tiredness or general malaise. These symptoms tend to appear at the beginning and gradually diminish with time.

Recommendations are:

Administer the injection at night, take a 600 mg ibuprofen tablet 1 hour before the injection. You can take another ibuprofen tablet the next day if the symptoms persist.

It is important to follow the appropriate dose escalation for each medication, as indicated by your doctor.

