TREATMENT WITH TERIFLUNOMIDE

Dosing instructions:



Take 1 tablet a day, with or without food.

If you forget to take a dose, take it as you remember. However, if it is more than 12 hours after your dosing time, then do not take a dose and wait until the next one; never double the dose.

Side effects:



Thinning of the hair or slight loss. It tends to return to normal after 6 months.



Increased blood pressure, which will require regular monitoring.

Intestinal disturbances, such as flatulence, higher deposition frequency, softer stools and, occasionally, diarrhoea.

Alterations to the blood count, hepatic profile and pancreatic profile, leading to the need for blood tests:

- First 6 months: every 2 weeks.
- After 6 months: every 2 months, and then according to medical judgement.

Warnings:

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If you are taking oral contraceptives, then you should discuss the possibility of interactions with Teriflunomide with your gynaecologist.



This drug can affect the foetus, when either the potential father or mother is taking it, and so it must be eliminated from the body using medications before trying to conceive. Talk with your doctor in order to plan the pregnancy.

Avoid inoculation with live virus, attenuated vaccines: BCG, MMR, oral polio, varicella (chickenpox), yellow fever, oral typhoid and cholera vaccines.

Interactions with other medicines:

Antibiotics: rifampicin, cefaclor, penicillin G, ciprofloxacin.

Anti-inflammatories: indomethacin, ketoprofen, sulphasalazine.

Antihypertensives: furosemide.

Lipid-lowering agents: rosuvastatin (the dose should be halved), simvastatin, atorvastatin, pravastatin.

Stomach protector: cimetidine.

Immunosuppressants/antineoplastics: methotrexate, cyclosporin, daunorubicin, doxorubicin, topotecan, gefitinib, paclitaxel.

Antiretroviral drugs: zidovudine.

Oral antidiabetics: nateglinide, repaglinide, pioglitazone or rosiglitazone.

Some oral contraceptives.

Haemostatic drugs: eltrombopag, warfarin.

Antiepileptics: carbamazepine, phenobarbital, phenytoin.

Ashtma drugs: theophyline.

Antidepressants: duloxetine, alosentron.

Antispasmodic drugs: tizanidine.

Others: St. John's wort.

