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Time	Glucose	Insulin	Notes	Glucosa	Insulina	Notes	Glucosa	Insulina	Notes	Glucosa	Insulina	Notes	Glucosa	Insulina	Notes	Glucosa	Insulina	Notes	Glucosa	Insulina	Notes
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23-00																					

Notes Exercise: E Carbohydrate portions: C Hypoglycaemia: H

TREATMENT SCHEDULE

Basal schedule	Breakfast	Mid-morning	Lunch	Afternoon snack	Dinner	Late evening supper
Rapid-acting Insulin						
Long-acting Insulin						
Carbohydrate Portions						
Ratio (UI/Portion)						

Insulin sensitivity factor: mg/UI (mg of glucose that reduces one extra unit of rapid-acting insulin)