

🕒	Monday			Tuesday			Wednesday			Thursday			Friday			Saturday			Saturday		
/...../.....		/...../.....		/...../.....		/...../.....		/...../.....		/...../.....		/...../.....		
Time	Glucose	Insulin	Notes	Glucose	Insulin	Notes	Glucose	Insulin	Notes	Glucose	Insulin	Notes	Glucose	Insulin	Notes	Glucose	Insulin	Notes	Glucose	Insulin	Notes
00-01																					
01-02																					
02-03																					
03-04																					
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21-22																					
22-23																					
23-00																					

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Notes	Exercise: E	Carbohydrate portions: C	Hypoglycaemia: H	Change in baseline: CBL
	Temporary basal rate: TB	Correction bolus: CB	Change catheter: CC	Change needle: CN

TREATMENT SCHEDULE

Time	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	Total
Basal (UI/H)																									
Bolus																									
Carbohydrate Portions																									
Ratio (UI/Portion)																									

Insulin sensitivity factor: _____ mg/UI (mg of glucose that reduces one extra unit of rapid-acting insulin)