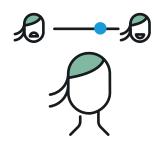
## SEXUAL VIOLENCE SHOULD NOT STOP YOU!



**IT'S NEVER YOUR FAULT.** Like a robbery or any other crime, sexual assault is not the fault of the victim.



**TAKE CARE OF YOUR HEALTH.** Recovery is gradual and may take time.



**TO GET BETTER, ACCEPT THE OTHERS HELP.** By those around you and specialised professionals.



**SEXUAL ASSAULT IS A CRIME**, and you can report the assault.



**RETAIN THE EVIDENCE OF THE ASSAULT.** Keep the clothes you were wearing and any other evidence that can help you to report the assault.



**GO WITH A LAWYER.** If you report the facts, try to be accompanied by a lawyer.

## IF YOU SUFFER SEXUAL ASSAULT, REMEMBER:



**PROTECT YOURSELF.**Go to a safe place. Stay away from the aggressor.



**SEEK HELP AND DON'T GO THROUGH IT ALONE.** Contact someone you trust.



IT IS A CRIME AND YOU CAN REPORT IT. This type of crime can be reported up to 5 years after having suffered the assault.

