

Monday 12th June, 2023 Esteve Auditorium, CEK building Rosselló 149-153, Barcelona

PhD Day	9.00 - 9.30 h 9.30 - 10.00 h 10.00 - 11.00 h 11.00 - 11.30 h	Registration Welcome. Elias Campo, IDIBAPS Director Main talk. A PhD rollercoaster. Silvia Affò, junior researcher at Liver cell plasticity and tissue repair group (IDIBAPS) Coffe break	
	11.30 - 12.20 h	Workshop 1. Mindfulness for stressed scientists. Iñaki Martín, group leader at Biomedical epigenomics group (IDIBAPS)	PhD
Programme	12.20 - 13.10 h	Workshop 2. Mental Health in research: it's time to talk. Mireia Prime and Laura Hermida, Psychiatry and Psychology service (Hospital Clínic)	Day Registration
	13.10 - 13.40 h	Workshop 3. Sustainable science: toward more sustainable research practices. Jaime De La Rocha, group leader at Cortical circuit dynamics group (IDIBAPS)	
	13.40 - 15.00 h	Lunch and poster session	自然的
	15.00 - 16.00 h	3-minute thesis competition	
	16.00 - 17.15 h	Round table. Scientific divulgation: Why, When and How? Nacho Roura, scientific disseminator at @neuronacho Miquel Bosch and Agnès Pérez, scientific disseminators at @neurofregides Ignacio Crespo, coordinator of the science section of La Razón	Registraton deadline May 26th
20	17.15 - 17.45 h	Awards and clousure. Michela Bertero, Strategy Director (IDIBAPS)	For any doubt contact us at
	17.45 h	Social event	phdcommunity@recerca.clinic.c









