

# Consensus Conference on Liver Health

October 27, 2025

**SALA FARRERAS VALENTI, Third Floor – Hospital Clinic Barcelona.**

Faculty of Medicine, University of Barcelona

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## **SYMPOSIUM AGENDA**

### **PART 1**

#### **Lessons from Cardiovascular Health and effect of lifestyle, nutrition and alcohol use on Liver Health**

Chairs: Laurent Castera & Tom Karlsen

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**13:00 – 13:05**

#### **Welcome & Introduction**

Laurent Castera (Paris) & Tom Karlsen (Oslo)

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**13:05 – 13:25**

#### **Potential Lessons for Liver Health: The Journey from Risk Factor Identification to Evidence-Generation and Guideline-Directed Care to Optimal Cardiovascular Health**

Sharonne Hayes (Rochester)

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**13:25 – 13:45**

#### **Lessons learned in defining cardiovascular health (Life's Essential 8)**

Donald Lloyd-Jones (Boston)

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**13:45 – 14:05**

#### **Lifestyle Interventions for Cardiometabolic Health**

Simon Griffin (Cambridge)

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**14:05 – 14:25**

**Precision Nutrition for Cardiometabolic Diseases**

Marta Guasch-Ferré (Copenhagen)

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**14:25 – 14:45**

**Alcohol Use and Liver Health**

Catherine Paradis (Copenhagen)

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**14:45 – 15:25**

**Discussion (40 minutes)**

Chairs: Laurent Castera (Paris) & Tom Karlsen (Oslo)

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**15:25 – 16:00**

**Coffee Break**

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**SYMPOSIUM AGENDA**

***PART 2***

**Liver Health: transitioning to a new concept in Hepatology.**

Chairs: Neil Guha (Nottingham) & Pere Ginès (Barcelona)

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**16:00 – 19:00**

**Discussion on the Liver Health Position Document (3 hours)**

Elisa Pose (Barcelona), Salvatore Piano (Padova), & Juan Manuel Pericàs (Barcelona)

**19.00 - End of Meeting**

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**20:00**

**Networking dinner**

*This Consensus Conference is a LIVERSCREEN Activity arising from the H2020 LIVERSCREEN Project under Grant Number 847989*



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Horizon 2020  
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### **Meeting Location & Details**

**C/. Villarroel, 170. 08036 Barcelona. Spain.**

