Consensus Conference on Liver Health

October 27, 2025

SALA FARRERAS VALENTI, Third Floor - Hospital Clinic Barcelona.

Faculty of Medicine, University of Barcelona

SYMPOSIUM AGENDA

PART 1

Lessons from Cardiovascular Health and effect of lifestyle, nutrition and alcohol use on Liver Health

Chairs: Laurent Castera & Tom Karlsen

13:00 - 13:05

Welcome & Introduction

Laurent Castera (Paris) & Tom Karlsen (Oslo)

13:05 - 13:25

Potential Lessons for Liver Health: The Journey from Risk Factor Identification to Evidence-Generation and Guideline-Directed Care to Optimal Cardiovascular Health

Sharonne Hayes (Rochester)

13:25 - 13:45

Lessons learned in defining cardiovascular health (Life's Essential 8)
Donald Lloyd-Jones (Boston)

13:45 - 14:05

Lifestyle Interventions for Cardiometabolic Health

Simon Griffin (Cambridge)

14:05 - 14:25

Precision Nutrition for Cardiometabolic Diseases

Marta Guasch-Ferré (Copenhagen)

14:25 - 14:45

Alcohol Use and Liver Health

Catherine Paradis (Copenhagen)

14:45 - 15:25

Discussion (40 minutes)

Chairs: Laurent Castera (Paris) & Tom Karlsen (Oslo)

15:25 – 16:00

Coffee Break

SYMPOSIUM AGENDA

PART 2

Liver Health: transitioning to a new concept in Hepatology.

Chairs: Neil Guha (Nottingham) & Pere Ginès (Barcelona)

16:00 – 19:00

Discussion on the Liver Health Position Document (3 hours)

Elisa Pose (Barcelona), Salvatore Piano (Padova), & Juan Manuel Pericàs (Barcelona)

19.00 - End of Meeting

20:00 Networking dinner

This Consensus Conference is a LIVERSCREEN Activity arising from the H2020 LIVERSCREEN Project under Grant Number 847989

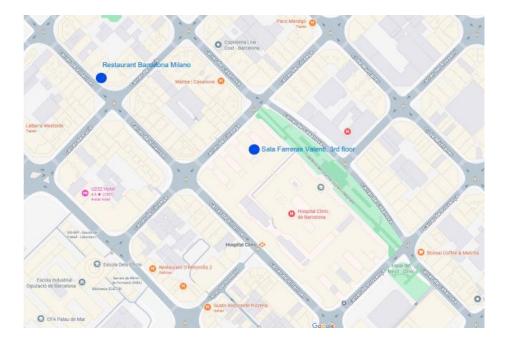




Horizon 2020 European Union funding for Research & Innovation

Meeting Location & Details

C/. Villarroel, 170. 08036 Barcelona. Spain.



Enter the main entrance of the hospital (C/ Villarroel), turn left in the main hallway and walk to the end where you will see the public elevators. Go to the 3rd Floor, on exiting the elevator walk straight ahead until you are between 'Escala 9 and Escala 11' and the Sala Farreras Valenti will be on your left. (this is marked and a blue dot on the map).

Prior to start of meeting there will be a light lunch served 12.00-12.55

Restaurant for Networking Dinner is 'BARCELONA MILANO – C/. Villarroel, 190. Also marked with a blue dot on the map.